



SAFER INTERNET DAY – 2021

This year's *Safer Internet Day* highlights the question of how to use new technology in a way that it would positively affect our psychological and physical well-being.

The essential role of technology should be a positive one: it should improve our lives and it should make things easier for us. The reality unfortunately shows that technology affects our lives also in a negative way. We should focus on the following questions and the issues they bring forward:

- What would be the best way to use new technology, so it would positively affect our overall physical and psychological well-being and our health in general?
- How can we take care of our mental, physical and emotional health when we use the internet? Can we also take care of the well-being of other people while doing so?
- Are we able to use the internet in a way that it is safe and comfortable for us?
- What would be the best ratio of good to bad influence of using new technology?
- How can we get to the level where technology only supports our everyday goals? Can we achieve that without any deterioration in our relations and in our general well-being?

Information and communication technology (ICT) is used in schools and in our everyday life outside schools. We use it for texting, online diaries, picture sharing, creating videos, writing e-mails, creating presentations, etc. The question that arises is: Do we use the internet and new technologies safely and with full responsibility? The project *Safe.si* helps schools in raising awareness of internet security among children, teachers and parents.

Awareness centre for safe use of internet and new technologies *Safe.si* (www.safe.si)

OUR ACTIVITIES:

At our art lessons we were dealing with the topic of the internet safety and our goal was to let our creativity run free (*you can check some art products in the attachment*).

We have conducted a poll on the internet safety awareness among our pupils

From 5th to 9th grade.

We have conducted a presentation and a discussion with our pupils on what they think about the internet safety. In order to promote the internet safety awareness and to promote a moderate and suitable use of the internet, the results were made publicly available to pupils, teachers and parents.